MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 9,164 middle school students in Montana during February of 2013. Frequency distributions may not total 9,164 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are	you?		
А	10 years old or younger	12	0.13%
В	11 years old	17	0.19%
С	12 years old	1,572	17.31%
D	13 years old	4,322	47.60%
Е	14 years old	2,974	32.75%
F	15 years old	173	1.91%
G	16 years old or older	10	0.11%
	TOTALS	9,080	100.00%
Q-2. What is your	sex?		
А	Female	4,437	48.81%
В	Male	4,654	51.19%
	TOTALS	9,091	100.00%
Q-3. In what grad	le are you?		
А	7th grade	4,225	46.97%
В	8th grade	4,771	53.03%
	TOTALS	8,996	100.00%
Q-4. Are you Hisp	anic or Latino?		
А	Yes	764	8.56%
В	No	8,166	91.44%
	TOTALS	8,930	100.00%
Q-5. What is your	race?		
А	American Indian or Alaskan Native	1,537	15.87%
В	Asian	233	2.41%
С	Black or African American	260	2.68%
D	Native Hawaiian or Other Pacific Islander	168	1.73%
Е	White	7,486	77.30%
	TOTALS	9,684	105.67%

	2013 MONTANA YOUTH RISK BEHAVIOR	SURVEY	
Q-6. When you roo	e a bicycle during the past 12 months, how often did you wear a helmet?		
A.	I did not ride a bicycle during the past 12 months	1,316	14.46%
В.	Never wore a helmet	4,903	53.87%
C.	Rarely wore a helmet	946	10.39%
D.	Sometimes wore a helmet	619	6.80%
	Most of the time wore a helmet	630	6.92%
F.	Always wore a helmet	688	7.56%
	TOTALS	9,102	100.00%
Q-7. How often do	you wear your seat belt when riding in a car driven by someone else?		
A.	Never	212	2.34%
B.	Rarely	474	5.24%
C.	Sometimes	1,032	11.41%
D.	Most of the time	2,728	30.16%
E.	Always	4,598	50.84%
	TOTALS	9,044	100.00%
Q-8. How often do	you wear a seat belt when driving a car?		
A.	I do not drive a car	6,157	69.03%
B.	Never	202	2.26%
C.	Rarely	217	2.43%
D.	Sometimes	282	3.16%
E.	Most of the time	511	5.73%
F.	Always	1,550	17.38%
	TOTALS	8,919	100.00%
Q-9. During the pa	st 30 days, how many times did you ride in a car or other vehicle driven by someone who has	ad been drinking alcohol?	?
A.	0 times	7,310	81.17%
В.	1 time	617	6.85%
C.	2 or 3 times	512	5.69%
D.	4 or 5 times	129	1.43%
E.	6 or more times	438	4.86%
	TOTALS	9,006	100.00%
Q-10. During the p	ast 30 days, on how many days did you carry a weapon such as a gun, knife, or club?		
A.	0 days	6,820	75.43%
В.	1 day	547	6.05%
C.	2 or 3 days	606	6.70%
D.	4 or 5 days	241	2.67%
E.	6 or more days	827	9.15%
	TOTALS	9,041	100.00%

	2013 MONTANA YOUTH RISK BEHAVIO	OR SURVEY	
Q-11. During the p	ast 30 days, on how many days did you carry a gun?		
A.	0 days	7,931	87.72%
В.	1 day	413	4.57%
C.	2 or 3 days	334	3.69%
D.	4 or 5 days	105	1.16%
E.	6 or more days	258	2.85%
	TOTALS	9,041	100.00%
Q-12. During the p	ast 30 days, on how many days did you carry a weapon such as a gun, knife, or clul	b on school property?	
A.	0 days	8,719	95.60%
В.	1 day	161	1.77%
C.	2 or 3 days	81	0.89%
D.	4 or 5 days	26	0.29%
E.	6 or more days	133	1.46%
	TOTALS	9,120	100.00%
Q-13. During the p on school property	ast 12 months, how many times has someone stolen or deliberately damaged your p?	oroperty such as your car, clothin	ng, or books
A.	0 times	6,292	69.18%
B.	1 time	1,309	14.39%
C.	2 or 3 times	910	10.01%
D.	4 or 5 times	240	2.64%
E.	6 or 7 times	94	1.03%
F.	8 or 9 times	45	0.49%
G.	10 or 11 times	20	0.22%
H.	12 or more times	185	2.03%
	TOTALS	9,095	100.00%
Q-14. During the p from school?	ast 30 days, on how many days did you not go to school because you felt you would	d be unsafe at school or on your	way to or
A.	0 days	8,278	91.39%
В.	1 day	395	4.36%
C.	2 or 3 days	213	2.35%
D.	4 or 5 days	56	0.62%
E.	6 or more days	116	1.28%
	TOTALS	9,058	100.00%

Q-15. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property? 0 times 93.00% 8,486 1 time 302 3.31% В. 2 or 3 times 188 2.06% 4 or 5 times 47 0.52% D Ε. 6 or 7 times 22 0.24% F. 8 or 9 times 15 0.16% 10 or 11 times 6 0.07% G. 59 0.65% Η. 12 or more times 100.00% **TOTALS** 9,125 Q-16. During the past 12 months, how many times were you in a physical fight? 0 times 6,172 68.06% 1,359 14.99% B. 1 time C. 2 or 3 times 891 9.82% 4 or 5 times 246 2.71% D. Ε. 6 or 7 times 117 1.29% 8 or 9 times 0.67% F. 61 10 or 11 times 30 0.33% G 12 or more times 193 2.13% Н. 100.00% **TOTALS** 9,069 Q-17. During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse? 0 times 8,758 96.45% Α. 227 2.50% В. 1 time C. 2 or 3 times 56 0.62% 4 or 5 times 14 0.15% D. 6 or more times 0.28% 25 Ε. **TOTALS** 9,080 100.00% Q-18. During the past 12 months, how many times were you in a physical fight on school property? 0 times 7,793 85.43% A. 1 time 844 9.25% В. 2 or 3 times 324 3.55% 0.64% 4 or 5 times 58 D 21 0.23% 6 or 7 times 8 or 9 times 0.20% 18 G 10 or 11 times 10 0.11% Η. 12 or more times 54 0.59% 9,122 **TOTALS** 100.00%

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	2013 MONTANA YOUTH RISK BEHAVIOR SURV	/EY	
Q-19. Have you ev	er been physically forced to have sexual intercourse when you did not want to?		
A.	Yes	524	5.76%
В.	No	8,567	94.24%
	TOTALS	9,091	100.00%
	ast 12 months, how many times did someone you were dating or going out with physically hurt you o slammed into something, or injured with an object or weapon.)	n purpose? (Co	ount such
A.	I did not date or go out with anyone during the past 12 months	3,783	42.04%
В.	0 times	4,893	54.37%
C.	1 time	167	1.86%
D.	2 or 3 times	81	0.90%
E.	4 or 5 times	21	0.23%
F.	6 or more times	54	0.60%
	TOTALS	8,999	100.00%
Q-21. During the pwant to do? (Coun	ast 12 months, how many times did someone you were dating or going out with force you to do sexual such things as kissing, touching, or being physically forced to have sexual intercourse.)	al things that yo	ou did not
A.	I did not date or go out with anyone during the past 12 months	3,814	41.91%
В.	0 times	4,799	52.73%
C.	1 time	269	2.96%
D.	2 or 3 times	119	1.31%
E.	4 or 5 times	29	0.32%
F.	6 or more times	71	0.78%
	TOTALS	9,101	100.00%
Q-22. During the p	ast 12 months, have you ever been bullied on school property?		
A.	Yes	3,456	38.08%
B.	No	5,619	61.92%
	TOTALS	9,075	100.00%
Q-23. During the p websites, or textin	ast 12 months, have you ever been electronically bullied? (Include being bullied through e-mail, chat ig.)	rooms, instant i	messaging,
A.	Yes	1,705	18.74%
B.	No	7,395	81.26%
	TOTALS	9,100	100.00%
Q-24. During the plesbian, or bisexua	ast 12 months, have you ever been the victim of teasing, name calling or bullying because someone t?	hought you wer	re gay,
A.	Yes	1,645	18.06%
B.	No	7,462	81.94%
	TOTALS	9,107	100.00%
	er been choked by someone or tried to choke yourself on purpose, such as with a belt, towel, or rope of (This is also called the Choking Game, Knock Out, Space Monkey, Flatlining, or the Fainting Game.		or
Α.	Yes	867	9.51%
В.	No	8,248	90.49%
	TOTALS	9,115	100.00%

Q-26. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? 23.49% Α. Yes 2,118 6,900 76.51% В. No **TOTALS** 9,018 100.00% Q-27. During the past 12 months, did you ever seriously consider attempting suicide? Α. Yes 1,320 14.53% 7,763 85.47% B. No 100.00% **TOTALS** 9,083 Q-28. During the past 12 months, did you make a plan about how you would attempt suicide? Α. 1,043 11.51% No 8,017 88.49% B. **TOTALS** 9,060 100.00% Q-29. During the past 12 months, how many times did you actually attempt suicide? 0 times 7,918 87.94% Α. В. 1 time 8.59% 2 or 3 times 201 2.23% 4 or 5 times 48 0.53% D. Ε. 6 or more times 64 0.71% **TOTALS** 9,004 100.00% Q-30. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse? I did not attempt suicide 7,836 86.34% 333 3.67% Yes В 9.99% 907 No 100.00% **TOTALS** 9,076 Q-31. Have you ever tried cigarette smoking, even one or two puffs? 1,921 21.19% Yes A. В. No 7,146 78.81% **TOTALS** 9,067 100.00% Q-32. How old were you when you smoked a whole cigarette for the first time? I have never smoked a whole cigarette 7,767 85.98% 8 years old or younger 268 2.97% В. C. 9 or 10 years old 228 2.52% 433 4.79% 11 or 12 years old D. 13 or 14 years old 332 3.68% Ε. 15 or 16 years old 6 0.07% **TOTALS** 9,034 100.00%

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	2013 MONTANA YOUTH RISK BEHAVIOR SURV	EY_	
Q-33. During the p	ast 30 days, on how many days did you smoke cigarettes?		
Α.	0 days	8,490	93.09%
В.	1 or 2 days	293	3.21%
C.	3 to 5 days	93	1.02%
D.	6 to 9 days	64	0.70%
E.	10 to 19 days	59	0.65%
F.	20 to 29 days	33	0.36%
G.	All 30 days	88	0.96%
	TOTALS	9,120	100.00%
Q-34. During the p	ast 30 days, on the days you smoked, how many cigarettes did you smoke per day?		
A.	I did not smoke cigarettes during the past 30 days	8,492	93.32%
B.	Less than 1 cigarette per day	230	2.53%
C.	1 cigarette per day	137	1.51%
D.	2 to 5 cigarettes per day	186	2.04%
E.	6 to 10 cigarettes per day	28	0.31%
F.	11 to 20 cigarettes per day	8	0.09%
G.	More than 20 cigarettes per day	19	0.21%
	TOTALS	9,100	100.00%
Q-35. During the p	ast 30 days, how did you usually get your own cigarettes? (Select only one response.)		
A.	I did not smoke cigarettes during the past 30 days	8,396	93.08%
В.	I bought them in a store such as a convenience store, supermarket, discount store, or gas station	23	0.25%
C.	I bought them from a vending machine	7	0.08%
D.	I gave someone else money to buy them for me	139	1.54%
E.	I borrowed (or bummed) them from someone else	155	1.72%
F.	A person 18 years old or older gave them to me	45	0.50%
G.	I took them from a store or family member	90	1.00%
H.	I got them some other way	165	1.83%
	TOTALS	9,020	100.00%
Q-36. During the p	ast 30 days, on how many days did you smoke cigarettes on school property?		
A.	0 days	8,935	98.13%
В.	1 or 2 days	99	1.09%
C.	3 to 5 days	21	0.23%
D.	6 to 9 days	19	0.21%
E.	10 to 19 days	7	0.08%
F.	20 to 29 days	3	0.03%
G.	All 30 days	21	0.23%
	TOTALS	9,105	100.00%

	2013 MONTANA YOUTH RISK BEHAVIOR SURVEY	'	
Q-37. Have you ev	er smoked cigarettes daily, that is, at least one cigarette every day for 30 days?		
A.	Yes	545	6.02%
В.	No	8,508	93.98%
	TOTALS	9,053	100.00%
Q-38. During the p	ast 12 months, did you ever try to quit smoking cigarettes?		
A.	I did not smoke during the past 12 months	8,150	89.96%
B.	Yes	601	6.63%
C.	No	309	3.41%
	TOTALS	9,060	100.00%
Q-39. During the p Skoal Bandits, or C	ast 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Bopenhagen?	eechnut	, Skoal,
A.	0 days	8,650	95.36%
В.	1 or 2 days	207	2.28%
C.	3 to 5 days	60	0.66%
D.	6 to 9 days	44	0.49%
E.	10 to 19 days	42	0.46%
F.	20 to 29 days	19	0.21%
G.	All 30 days	49	0.54%
	TOTALS	9,071	100.00%
Q-40. During the p	ast 30 days, on how many days did you use chewing tobacco, snuff, or dip on school property?		
A.	0 days	8,871	97.90%
B.	1 or 2 days	94	1.04%
C.	3 to 5 days	42	0.46%
D.	6 to 9 days	15	0.17%
E.	10 to 19 days	15	0.17%
F.	20 to 29 days	4	0.04%
G.	All 30 days	20	0.22%
	TOTALS	9,061	100.00%
Q-41. During the p	ast 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
A.	0 days	8,701	96.71%
В.	1 or 2 days	176	1.96%
C.	3 to 5 days	50	0.56%
D.	6 to 9 days	20	0.22%
E.	10 to 19 days	13	0.14%
F.	20 to 29 days	8	0.09%
G.	All 30 days	29	0.32%
	TOTALS	8,997	100.00%

	2013 MONTANA YOUTH RISK BEHAVIO	OR SURVEY	
Q-42. During your	life, on how many days have you had at least one drink of alcohol?		
A.	0 days	5,295	58.45%
В.	1 or 2 days	1,769	19.53%
C.	3 to 9 days	994	10.97%
D.	10 to 19 days	406	4.48%
E.	20 to 39 days	265	2.93%
F.	40 to 99 days	168	1.85%
G.	100 or more days	162	1.79%
	TOTALS	9,059	100.00%
Q-43. How old wer	e you when you had your first drink of alcohol other than a few sips?	· · ·	
A.	I have never had a drink of alcohol other than a few sips	5,941	66.12%
В.	8 years old or younger	657	7.31%
C.	9 or 10 years old	607	6.76%
D.	11 or 12 years old	1,026	11.42%
E.	13 or 14 years old	738	8.21%
F.	15 or 16 years old	16	0.18%
	TOTALS	8,985	100.00%
Q-44. During the p	ast 30 days, on how many days did you have at least one drink of alcohol?		
A.	0 days	7,735	85.75%
В.	1 or 2 days	826	9.16%
C.	3 to 5 days	230	2.55%
D.	6 to 9 days	112	1.24%
E.	10 to 19 days	64	0.71%
F.	20 to 29 days	24	0.27%
G.	All 30 days	29	0.32%
	TOTALS	9,020	100.00%
Q-45. During the p	ast 30 days, on how many days did you have at least one drink of alcohol on school	property?	
A.	0 days	8,938	98.12%
B.	1 or 2 days	113	1.24%
C.	3 to 5 days	19	0.21%
D.	6 to 9 days	19	0.21%
E.	10 to 19 days	3	0.03%
F.	20 to 29 days	5	0.05%
G.	All 30 days	12	0.13%
	TOTALS	9,109	100.00%

	2013 MONTANA YOUTH RISK BEHAVIOR SURV	EY	
Q-46. During the p	ast 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a coup	le of hours?	
Α.	0 days	8,475	93.24%
В.	1 day	295	3.25%
C.	2 days	126	1.39%
D.	3 to 5 days	87	0.96%
E.	6 to 9 days	40	0.44%
F.	10 to 19 days	28	0.31%
G.	20 or more days	38	0.42%
	TOTALS	9,089	100.00%
Q-47. During the p	ast 30 days, how did you usually get the alcohol you drank?		
A.	I did not drink alcohol during the past 30 days	7,655	85.04%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	28	0.31%
C.	I bought it at a restaurant, bar, or club	10	0.11%
D.	I bought it at a public event such as a concert or sporting event	9	0.10%
E.	I gave someone else money to buy it for me	148	1.64%
F.	Someone gave it to me	445	4.94%
G.	I took it from a store or family member	232	2.58%
H.	I got it some other way	475	5.28%
	TOTALS	9,002	100.00%
Q-48. During your	life, how many times have you used marijuana?		
A.	0 times	7,877	86.73%
В.	1 or 2 times	355	3.91%
C.	3 to 9 times	225	2.48%
D.	10 to 19 times	108	1.19%
E.	20 to 39 times	124	1.37%
F.	40 to 99 times	120	1.32%
G.	100 or more times	273	3.01%
	TOTALS	9,082	100.00%
Q-49. How old wer	re you when you tried marijuana for the first time?		
A.	I have never tried marijuana	7,865	86.60%
В.	8 years old or younger	156	1.72%
C.	9 or 10 years old	213	2.35%
D.	11 or 12 years old	478	5.26%
E.	13 or 14 years old	360	3.96%
F.	15 or 16 years old	10	0.11%
	TOTALS	9,082	100.00%

	2013 MONTANA YOUTH RISK BEHAVIO	R SURVEY	
Q-50. During the p	ast 30 days, how many times did you use marijuana?		
A.	0 times	8,328	92.50%
B.	1 or 2 times	214	2.38%
C.	3 to 9 times	155	1.72%
D.	10 to 19 times	121	1.34%
E.	20 to 39 times	69	0.77%
F.	40 or more times	116	1.29%
	TOTALS	9,003	100.00%
Q-51. During the p	ast 30 days, how many times did you use marijuana on school property?		
A.	0 times	8,917	98.00%
B.	1 or 2 times	82	0.90%
C.	3 to 9 times	51	0.56%
D.	10 to 19 times	26	0.29%
E.	20 to 39 times	5	0.05%
F.	40 or more times	18	0.20%
	TOTALS	9,099	100.00%
Q-52. During your	life, how many times have you used any form of cocaine, including powder, crack, or f	reebase?	
A.	0 times	8,876	97.80%
B.	1 or 2 times	106	1.17%
C.	3 to 9 times	40	0.44%
D.	10 to 19 times	13	0.14%
E.	20 to 39 times	14	0.15%
F.	40 or more times	27	0.30%
	TOTALS	9,076	100.00%
Q-53. During your high?	life, how many times have you sniffed glue, breathed the contents of aerosol spray car	ns, or inhaled any paints or spi	rays to get
A.	0 times	8,211	91.42%
В.	1 or 2 times	418	4.65%
C.	3 to 9 times	185	2.06%
D.	10 to 19 times	73	0.81%
E.	20 to 39 times	35	0.39%
F.	40 or more times	60	0.67%
	TOTALS	8,982	100.00%

Q-54. During the past 30 days, how many times did you sniff glue, breathe the contents of aerosol spray cans, or inhale any paints or sprays to get high? A. 0 times 8,759 96.27% B. 1 or 2 times 207 2.28% C. 3 to 9 times 68 0.75% D. 10 to 19 times 30 0.33% F. 20 to 39 times 14 0.15% F. 40 or more times 20 0.22% **TOTALS** 9,098 100.00% Q-55. During your life, how many times have you used heroin (also called smack, junk, or China White)? 0 times 8,986 98.92% Α. 1 or 2 times 0.55% В. 3 to 9 times 16 0.18% 10 to 19 times 8 0.09% D 7 20 to 39 times 0.08% 0.19% F. 17 40 or more times **TOTALS** 100.00% 9,084 Q-56. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)? 0 times 8,890 98.53% B. 1 or 2 times 58 0.64% 3 to 9 times 0.31% C. 28 10 to 19 times 13 0.14% D. 20 to 39 times 11 0.12% Ε. 40 or more times 23 0.25% F. **TOTALS** 9,023 100.00% Q-57. During your life, how many times have you used ecstasy (also called MDMA)? 0 times 8,870 97.76% A. 1 or 2 times 115 1.27% В 3 to 9 times 38 0.42% С. 10 to 19 times 16 0.18% D 10 20 to 39 times 0.11% 40 or more times 24 0.26% **TOTALS** 9,073 100.00%

O-58 During your	2013 MONTANA YOUTH RISK BEHAVIOR life, how many times have you taken steroid pills or shots without a doctor's prescription'		
	0 times	8,902	98.16%
A.	1 or 2 times	83	0.92%
В.			
C.	3 to 9 times	33	0.36%
D.	10 to 19 times	17	0.19%
E.	20 to 39 times	7	0.08%
F.	40 or more times	27	0.30%
	TOTALS	9,069	
	life, how many times have you taken a prescription drug (such as OxyContin, Percocet, V loctor's prescription?	'icodin, codeine, Adderall, Ri	italin, or
A.	0 times	8,510	94.56%
B.	1 or 2 times	246	2.73%
C.	3 to 9 times	109	1.21%
D.	10 to 19 times	58	0.64%
E.	20 to 39 times	17	0.19%
F.	40 or more times	60	0.67%
	TOTALS	9,000	100.00%
Q-60. During your	life, how many times have you used a needle to inject any illegal drug into your body?		
A.	0 times	8,932	99.04%
В.	1 time	87	0.96%
C.	2 or more times	0	0.00%
	TOTALS	9,019	100.00%
Q-61. During the p	ast 12 months, has anyone offered, sold, or given you an illegal drug on school property	?	
A.	Yes	1,182	13.09%
В.	No	7,846	86.91%
	TOTALS	9,028	100.00%
Q-62. Have you ev	er had sexual intercourse?		
A.	Yes	1,214	13.61%
В.	No	7,707	86.39%
	TOTALS	8,921	100.00%
Q-63. How old wer	e you when you had sexual intercourse for the first time?		
A.	I have never had sexual intercourse	7,839	86.91%
В.	11 years old or younger	413	4.58%
C.	12 years old	240	2.66%
D.	13 years old	358	3.97%
E.	14 years old	156	1.73%
F.	15 years old	9	0.10%
G.	16 years old	5	0.06%
<u> </u>	TOTALS	9,020	

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	2013 MONTANA YOUTH RISK BEHAVIOR	SURVEY	
Q-64. During your	life, with how many people have you had sexual intercourse?		
A.	I have never had sexual intercourse	7,945	87.97%
В.	1 person	505	5.59%
C.	2 people	225	2.49%
D.	3 people	128	1.42%
E.	4 people	72	0.80%
F.	5 people	27	0.30%
G.	6 or more people	130	1.44%
	TOTALS	9,032	100.00%
Q-65. During the p	ast 3 months, with how many people did you have sexual intercourse?		
A.	I have never had sexual intercourse	7,910	87.93%
B.	I have had sexual intercourse, but not during the past 3 months	551	6.12%
C.	1 person	343	3.81%
D.	2 people	70	0.78%
E.	3 people	38	0.42%
F.	4 people	16	0.18%
G.	5 people	16	0.18%
H.	6 or more people	52	0.58%
	TOTALS	8,996	100.00%
Q-66. Did you drin	c alcohol or use drugs before you had sexual intercourse the last time?		
A.	I have never had sexual intercourse	7,852	87.04%
В.	Yes	256	2.84%
C.	No	913	10.12%
	TOTALS	9,021	100.00%
Q-67. The last time	you had sexual intercourse, did you or your partner use a condom?		
A.	I have never had sexual intercourse	7,832	87.20%
В.	Yes	721	8.03%
C.	No	429	4.78%
	TOTALS	8,982	100.00%
Q-68. How do you	describe your weight?		
A.	Very underweight	308	3.46%
В.	Slightly underweight	1,215	13.63%
C.	About the right weight	5,139	57.66%
D.	Slightly overweight	1,987	22.30%
E.	Very overweight	263	2.95%
	TOTALS	8,912	100.00%

	2013 MONTANA YOUTH RISK BEHAVIOR SURV	ΈΥ	
Q-69. Which of the	following are you trying to do about your weight?		
A.	Lose weight	3,611	40.29%
B.	Gain weight	1,043	11.64%
C.	Stay the same weight	1,987	22.17%
D.	I am not trying to do anything about my weight	2,322	25.91%
	TOTALS	8,963	100.00%
Q-70. During the p	ast 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to ke	ep from gaini	ng weight?
A.	Yes	963	10.74%
B.	No	8,003	89.26%
	TOTALS	8,966	100.00%
	ast 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or tunt meal replacement products such as Slim Fast.)	o keep from (gaining
A.	Yes	272	3.03%
B.	No	8,716	96.97%
	TOTALS	8,988	100.00%
Q-72. During the p	ast 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?		
A.	Yes	314	3.50%
B.	No	8,669	96.50%
	TOTALS	8,983	100.00%
	ast 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape ports drinks, or other fruit-flavored drinks.)	juice? (Do no	t count
A.	I did not drink 100% fruit juice during the past 7 days	2,019	22.58%
B.	1 to 3 times during the past 7 days	3,520	39.36%
C.	4 to 6 times during the past 7 days	1,511	16.90%
D.	1 time per day	671	7.50%
E.	2 times per day	590	6.60%
F.	3 times per day	259	2.90%
G.	4 or more times per day	372	4.16%
	TOTALS	8,942	100.00%
Q-74. During the p	ast 7 days, how many times did you eat fruit? (Do not count fruit juice.)		
A.	I did not eat fruit during the past 7 days	708	7.96%
B.	1 to 3 times during the past 7 days	2,797	31.45%
C.	4 to 6 times during the past 7 days	2,227	25.04%
D.	1 time per day	1,060	11.92%
E.	2 times per day	1,008	11.33%
F.	3 times per day	481	5.41%
G.	4 or more times per day	612	6.88%
	TOTALS	8,893	100.00%

G.	4 or more glasses per day TOTALS	908	10.18%
	3 glasses per day	883	9.90%
	2 glasses per day	1,448	16.23%
5.	1 glass per day	1,311	14.69%
٠.	4 to 6 glasses during the past 7 days	1,726	19.35%
В.	1 to 3 glasses during the past 7 days	1,726	19.35%
A.	I did not drink milk during the past 7 days	920	10.31%
Count the half pint	ast 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, for milk serve at school as equal to one glass.)		
	TOTALS	8,882	100.00%
G.	4 or more times per day	105	1.18%
F.	3 times per day	46	0.52%
E.	2 times per day	87	0.98%
D.	1 time per day	173	1.95%
C.	4 to 6 times during the past 7 days	302	3.40%
B.	1 to 3 times during the past 7 days	1,710	19.25%
A.	I did not drink diet soda or pop during the past 7 days	6,459	72.72%
Q-77. During the page Zero?	ast 7 days, how many times did you drink a can, bottle, or glass of diet soda or pop, such as Diet (or Sprite
	TOTALS	8,927	100.00%
G.	4 or more times per day	258	2.89%
F.	3 times per day	156	1.75%
E.	2 times per day	385	4.31%
D.	1 time per day	516	5.78%
С.	4 to 6 times during the past 7 days	1,269	14.22%
В.	1 to 3 times during the past 7 days	4,068	45.57%
diet soda or diet po A.	p.) I did not drink soda or pop during the past 7 days	2,275	25.48%
	ast 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pep	si, or Sprite? (Do	not count
0.	TOTALS	8,961	100.00%
G.	4 or more times per day	149	1.66%
F.	3 times per day	66	0.74%
E.	2 times per day	224	2.50%
D.	1 time per day	782	8.73%
С.	4 to 6 times during the past 7 days	1,253	13.98%
A. B.	1 to 3 times during the past 7 days	3,608	40.26%
Λ	I did not eat green salad during the past 7 days	2,879	32.139

	2013 MONTANA YOUTH RISK BEHAVIOR SU	RVEY	
Q-79. During the p	ast 7 days, on how many days did you eat breakfast?		
A.	0 days	836	9.44%
В.	1 day	516	5.83%
C.	2 days	598	6.75%
D.	3 days	609	6.88%
E.	4 days	549	6.20%
F.	5 days	655	7.40%
G.	6 days	690	7.79%
H.	7 days	4,401	49.71%
	TOTALS	8,854	100.00%
Q-80. During the p	ast 30 days, how often did you go hungry because there was not enough food in your home?		
A.	Never	6,482	73.89%
В.	Rarely	1,349	15.38%
C.	Sometimes	680	7.75%
D.	Most of the time	180	2.05%
E.	Always	81	0.92%
	TOTALS	8,772	100.00%
	ast 7 days, on how many days were you physically active for a total of at least 60 minutes per da f physical activity that increased your heart rate and made you breathe hard some of the time.)	y? (Add up all the t	ime you
A.	0 days	637	7.20%
В.	1 day	480	5.42%
C.	2 days	595	6.72%
D.	3 days	895	10.11%
E.	4 days	969	10.95%
F.	5 days	1,321	14.93%
G.	6 days	845	9.55%
H.	7 days	3,107	35.11%
	TOTALS	8,849	100.00%
Q-82. On an avera	ge school day, how many hours do you watch TV?		
A.	I do not watch TV on an average school day	1,174	13.28%
В.	Less than 1 hour per day	1,969	22.27%
C.	1 hour per day	1,609	18.20%
D.	2 hours per day	1,906	21.55%
E.	3 hours per day	1,163	13.15%
F.	4 hours per day	494	5.59%
G.	5 or more hours per day	528	5.97%
	TOTALS	8,843	100.00%

Q-83. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, an iPod, an iPad or other tablet, a smartphone, YouTube, Facebook or other special networking tools, and the Internet.)

A.	I do not play video or computer games or use a computer for something that is not school work	1,176	13.37%
В.	Less than 1 hour per day	2,068	23.52%
C.	1 hour per day	1,493	16.98%
D.	2 hours per day	1,439	16.36%
E.	3 hours per day	1,028	11.69%
F.	4 hours per day	579	6.58%
G.	5 or more hours per day	1,011	11.50%
	TOTALS	8,794	100.00%
Q-84. In an averaç	ge week when you are in school, on how many days do you go to physical education (PE) classes?		
Α.	0 days	965	11.03%
В.	1 day	178	2.03%
C.	2 days	1,381	15.78%
D.	3 days	3,252	37.16%
E.	4 days	553	6.32%
	E days	2,423	27 400/
F.	5 days	2,423	27.09%
F.	TOTALS	8,752	27.69% 100.00%
	-	8,752	100.00%
	TOTALS	8,752	100.00%
Q-85. During the p	TOTALS ast 12 months, on how many sports teams did you play? (Count any teams run by your school or com	8,752 munity groups	100.00%) 25.24%
Q-85. During the p	TOTALS past 12 months, on how many sports teams did you play? (Count any teams run by your school or com 0 teams	8,752 munity groups.	100.00%) 25.24% 22.30%
Q-85. During the p A. B.	TOTALS aast 12 months, on how many sports teams did you play? (Count any teams run by your school or com 0 teams 1 team	8,752 munity groups 2,221 1,962	100.00%) 25.24% 22.30% 22.04%
Q-85. During the p A. B. C.	TOTALS ast 12 months, on how many sports teams did you play? (Count any teams run by your school or com 0 teams 1 team 2 teams	8,752 munity groups 2,221 1,962 1,939	25.24% 22.30% 22.04% 30.42%
Q-85. During the p A. B. C. D.	TOTALS ast 12 months, on how many sports teams did you play? (Count any teams run by your school or com 0 teams 1 team 2 teams 3 or more teams	8,752 munity groups. 2,221 1,962 1,939 2,676	25.24% 22.30% 22.04% 30.42%
Q-85. During the p A. B. C. D.	TOTALS ast 12 months, on how many sports teams did you play? (Count any teams run by your school or com 0 teams 1 team 2 teams 3 or more teams TOTALS	8,752 munity groups. 2,221 1,962 1,939 2,676	100.00% 25.24% 22.30% 22.04% 30.42% 100.00%
Q-85. During the p A. B. C. D.	TOTALS ast 12 months, on how many sports teams did you play? (Count any teams run by your school or com 0 teams 1 team 2 teams 3 or more teams TOTALS er been taught about AIDS or HIV infection in school?	8,752 munity groups. 2,221 1,962 1,939 2,676 8,798	100.00% 25.24% 22.30% 22.04% 30.42% 100.00%
Q-85. During the p A. B. C. D. Q-86. Have you ev A.	TOTALS ast 12 months, on how many sports teams did you play? (Count any teams run by your school or com 0 teams 1 team 2 teams 3 or more teams TOTALS er been taught about AIDS or HIV infection in school? Yes	8,752 munity groups 2,221 1,962 1,939 2,676 8,798	100.00% 25.24% 22.30% 22.04% 30.42% 100.00% 64.08%
Q-85. During the p A. B. C. D. Q-86. Have you ev A. B.	TOTALS ast 12 months, on how many sports teams did you play? (Count any teams run by your school or com 0 teams 1 team 2 teams 3 or more teams TOTALS er been taught about AIDS or HIV infection in school? Yes No	8,752 munity groups 2,221 1,962 1,939 2,676 8,798 5,614 1,636	100.00% 25.24% 22.30% 22.04% 30.42% 100.00% 64.08% 18.67% 17.25%
Q-85. During the p A. B. C. D. Q-86. Have you ev A. B.	TOTALS ast 12 months, on how many sports teams did you play? (Count any teams run by your school or com 0 teams 1 team 2 teams 3 or more teams TOTALS eer been taught about AIDS or HIV infection in school? Yes No Not sure	8,752 munity groups 2,221 1,962 1,939 2,676 8,798 5,614 1,636 1,511	100.00% 25.24% 22.30% 22.04% 30.42% 100.00% 64.08% 18.67% 17.25%
Q-85. During the p A. B. C. D. Q-86. Have you ev A. B.	TOTALS aast 12 months, on how many sports teams did you play? (Count any teams run by your school or com 0 teams 1 team 2 teams 3 or more teams TOTALS er been taught about AIDS or HIV infection in school? Yes No Not sure TOTALS	8,752 munity groups 2,221 1,962 1,939 2,676 8,798 5,614 1,636 1,511	100.00% 25.24% 22.30% 22.04% 30.42% 100.00% 18.67% 17.25%
Q-85. During the p A. B. C. D. Q-86. Have you ev A. B. C.	TOTALS ast 12 months, on how many sports teams did you play? (Count any teams run by your school or com 0 teams 1 team 2 teams 3 or more teams TOTALS er been taught about AIDS or HIV infection in school? Yes No Not sure TOTALS or nurse ever told you that you have asthma?	8,752 munity groups 2,221 1,962 1,939 2,676 8,798 5,614 1,636 1,511 8,761	100.00% 25.24% 22.30% 22.04% 30.42% 100.00% 64.08% 18.67% 17.25% 100.00%
Q-85. During the p A. B. C. D. Q-86. Have you ev A. B. C. O-87. Has a doctor A.	TOTALS ast 12 months, on how many sports teams did you play? (Count any teams run by your school or com 0 teams 1 team 2 teams 3 or more teams TOTALS eer been taught about AIDS or HIV infection in school? Yes No Not sure TOTALS or nurse ever told you that you have asthma? Yes	8,752 munity groups 2,221 1,962 1,939 2,676 8,798 5,614 1,636 1,511 8,761 1,661	100.00%

Q-88. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)

	TOTALS	8,783	100.00%
В.	No	7,346	83.64%
A.	Yes	1,437	16.36%
2-89. During the p	ast 12 months, did you receive help from a resource teacher, speech therapist or other special education	teacher at	school?
	TOTALS	8,885	100.00%
F.	40 or more times	28	0.32%
E.	20 to 39 times	12	0.14%
D.	10 to 19 times	36	0.41%
C.	3 to 9 times	78	0.88%
B.	1 or 2 times	286	3.22%
A.	0 times	8,445	95.05%
	·		